

# 26<sup>th</sup> SYMPOSIUM on Functional Education



Save  
the  
Date



**04 & 05 December**  
2026



**Pullman Tour Eiffel**  
Paris (75)

# THE 26<sup>th</sup> SYMPOSIUM ON FUNCTIONAL EDUCATION

organized by Orthoplus®

## Unlocking Functional Education

For 30 years, Orthoplus, a French provider of innovative orthodontic solutions, has been committed to promoting Functional Education worldwide.

Present in 30 countries, our international speakers draw on French expertise to advocate for early intervention that fully integrates the role of oral functions and the healthcare professionals who support them.

The importance of **breathing** is now well established. As our understanding of its benefits continues to grow, this year **we will explore its impact on ADHD\***.

- **Unlocking interdisciplinarity** by embracing a comprehensive, patient-centered approach will once again be demonstrated throughout this symposium.
- **Unlocking Functional Education** from motivational barriers through effective management methods and tools, particularly via the assessments carried out during visits as part of the M/T dents preventive oral health program.
- **Unlocking concerns related to the devices and appliances proposed to your patients** is also essential. We will provide practical answers to questions and uncertainties that certain treatments may raise.
- **Unlocking functional and orthodontic corrections.** Several clinical presentations will highlight the role of the temporomandibular joints (TMJs) and the importance of achieving their proper release and balance. We will also explore how to effectively combine functional approaches with aligner therapy, whether through in-house ("home-made") methods or with the support of specialized service providers.

For a program that is as enriching as it is inspiring, **save the dates of December 4–5** and join us for the 26th Functional Education Symposium.

**Our Partners  
in Attendance**



**HONORARY PRESIDENT :  
Prof. Damien BREZULIER**

Qualified Specialist in Orthodontics  
– PU-PH – Rennes

*"This year, let us unlock the full potential of Functional Education together by overcoming muscular and joint constraints, strengthening patient engagement, and fostering interdisciplinary collaboration."*

*"Through hands-on workshops and expert-led lectures, discover practical solutions to optimize your clinical practice and enhance patient care."*

“

– “Practical advice that I was able to implement as soon as I returned to my practice.”

“A valuable network of contacts and professional connections.”

**2025 Participants**

\*Attention Deficit Hyperactivity Disorder (ADHD), with or without hyperactivity



# PULLMAN TOUR EIFFEL \*\*\*\*

## Enjoy an Unforgettable Parisian Escape !

An elegant venue offering stunning views of the Eiffel Tower.

### EVENT INFORMATION

#### Location

Pullman Tour Eiffel  
18 avenue de Suffren,  
Entrance at 22 rue Jean Rey, PARIS (75015)

#### Access

Pullman Tour Eiffel Car Park  
18 Av. de Suffren, 75015 Paris

#### Transportation

  Champs de mars

  Bir Hakeim

 À 3 min walk from the Eiffel Tower

### AN EXCEPTIONAL ENVIRONMENT FOR LEARNING AND EXCHANGE



### WHERE TO STAY IN PARIS ?

Mercure Paris Centre Tour Eiffel\*\*\*\*

 1 min walk

Eiffel Seine Hotel\*\*\*

 3 min walk

Novotel Paris Centre Tour Eiffel\*\*\*\*

 14 min walk

Hotel Le Marquis by Inwood Hotels

 10 min walk

For more information : : [evenements@orthoplus.fr](mailto:evenements@orthoplus.fr) | +33 (0)6 76 87 13 37

8:45 - 9:00 am

Welcome Coffee & Welcome Speech

9:00 - 9:30 am

**Pr. Damien BREZULIER**

Address by the Honorary Chair

9:30 - 10:30 am

**Dr. Claire-Adeline DANTAGNAN**

Qualified Specialist in  
Orthodontics - Paris

**Endocrine Disruptors in Orthodontics : Risks, Challenges, and Alternatives**

Endocrine disruptors are present in certain materials and within the orthodontic practice environment, raising legitimate concerns about patient health. This lecture will focus on simple, practical measures that can be implemented to reduce exposure for both patients and practitioners.

10:30 - 11:00 am

**Mrs Anne Louise VITEAU**

Philanthropy and Partnerships  
Manager - Le Rire Médecin

**Orthoplus Supports "Le Rire Médecin"**

"Le Rire Médecin" helps hospitalized children regain the power to laugh through the work of its specially trained clowns, enabling them to better cope with illness. The association is committed to ensuring that every child, including the most vulnerable from their very first days of life, benefits from presence, listening, play, and imagination. To continue bringing joy to pediatric hospital wards, Le Rire Médecin relies on donations. Orthoplus is proud to support this partnership and will be presenting its initiatives during the symposium.

11:00 - 11:30 am

Break

11:30 - 12:15 am

**Mrs Floriane LARGEAUD**

Pediatric and Maxillofacial  
Rehabilitation Physiotherapist

**When the Masticatory System Is Dysfunctional : The Role of the Physiotherapist in Orthodontic Treatment**

When the masticatory system is dysfunctional, the temporomandibular joint (TMJ) is often affected—but it is not the only structure involved. These dysfunctions reflect muscular and/or joint imbalances that must be considered within a broader, whole-body context. What role can the physiotherapist play, from assessment through to rehabilitation ?

12:15 - 12:45 pm

**Dr. Aziz El Hadioui**

Qualified Specialist in  
Orthodontics - Puteaux

**From Occlusion to Tongue Function: A Contemporary Approach to TMDs in Orthodontics**

Explore the central role of the tongue in oro-facial balance, mandibular posture, and temporomandibular disorders (TMDs). Through an anatomical, functional, and postural approach, illustrated with clinical cases involving both children and adults, this lecture will examine the relationships between tongue function, breathing, occlusal stability, and temporomandibular joint (TMJ) health.

12h45 - 14h

Lunch Break

14:00 - 15:00 pm

**Dr. Olivier SETBON**

Qualified Specialist in  
Orthodontics - Auxerre

WORKSHOP 1

**Pandasmile Strategy : Unlocking the Power of Patient Motivation**

This workshop highlights the importance of patient motivation in the success of functional orthodontic treatments. The Pandasmile app supports at-home follow-up through guided, engaging exercises, helping to improve patient engagement, compliance, and continuity of care.

15:00 - 16:00 pm

**Mrs Louise CARPENTIER**

Speech Therapist - Amiens  
**Mr Julien DESCHAMPS**  
Osteopath (D.O.) - Paris

WORKSHOP 2

**Inside Functional Rehabilitation: How to Understand, Choose, and Prescribe the Right Exercises**

This workshop revisits the fundamentals of orofacial myofunctional therapy in the management of dentofacial dysmorphoses. Practical, immediately applicable exercises will be presented to help participants better understand the role of each professional involved in the multidisciplinary care pathway.

16:00 - 16:30 pm

Break

16:30 - 17:30 pm

**Mrs Laura RENOUVEL**

Functional Education Coordinator  
- Le Raincy

WORKSHOP 3

**Streamlining Functional Education Appointments: Organization, Delegation, and Workflow Efficiency**

As Functional Education continues to play an increasingly important role in dentofacial orthopedics, appointment management has become a key driver of practice efficiency. This workshop will provide practical tools to help you structure your schedules, improve patient flow, and enhance the role of orthodontic assistants through effective delegation.

17:30 - 18:00 pm

End-of-Day Summary

9:00 – 9:45 am

**Dr. Anne DELIOT**

Dental Surgeon – Dijon

**Functional Appliances and Home-Made Aligners : A Synergistic Approach to Optimized Orthodontics**

Dr. Anne Deliot will explore the complementary action of Functional Appliances and home-made aligners, highlighting their role in optimizing mandibular unlocking. This synergistic approach promotes spatial repositioning of the mandible, leading to faster, more precise, and more stable orthodontic outcomes.

9:45 – 10:30 am

**Mr Sebastien LIESENS  
& Mrs Laurence DENIS**

Speech Therapist specialized in Voice Disorders, Orofacial Myofunctional Disorders, Sleep Disorders, and Bruxism

**Orofacial Functions and Muscular Balance : A Facial Profile-Driven Approach to Treatment**

Rehabilitating oral functions means caring for patients with different muscular profiles. Taking these profiles into account during diagnosis helps tailor the therapeutic approach and guides the selection of the most appropriate functional appliance.

In this presentation, we will explore the various facial phenotypes and discuss treatment indications adapted to each profile. The goal is to achieve more refined treatment planning, individualized patient care, and long-term restoration of physiological functions.

10:30 – 11:00 am

Break

11:00 – 11:45 am

**Dr. Michael FONTUGNE**

Exclusive Orthodontic Practice – La Ferté-Bernard

**EF T Pro dans les cas de classe II division**

Explorez l'intérêt de l'Éducateur Fonctionnel dans la normalisation des fonctions respiratoires et musculaires, au service de la croissance cranio-dento-faciale. Cette présentation mettra en lumière les nouvelles perspectives offertes par l'EFT Pro à travers plusieurs cas cliniques et les résultats d'une étude menée dans le cadre d'un mémoire.

11:45 – 12:30 pm

**Dr. Marie DACQUIN**

Exclusive Paediatric Dentist, Dental Surgeon – Marseille

**Dr. Xavier BRAECKEVELT**

Vice President of the UFSBD

**UFSBD x Orthoplus : Advancing Prevention Together**

The partnership between the UFSBD and Orthoplus has led to the creation of a digital clinical guide designed specifically for general dental practitioners. Its objective is to facilitate early screening and personalized patient support, while making it easier to integrate dentofacial orthopedics (DFO) into everyday clinical practice.

This resource provides practical solutions to encourage a comprehensive, preventive, and functional approach to patient care, contributing to long-term improvements in oral health.

12:30 – 13:30 pm

Lunch Break

13:30 – 14:30 pm

**Dr. Andrea**

**FREUDENBERG**

Qualified Specialist in Orthodontics - Allemagne

**How to Combine Functional Education and Aligner Treatment Effectively**

Since the work of Moss and Salentijn, we have known that form and function are interdependent. In this context, function refers to the muscular forces that, just like orthodontic forces, influence growth and tooth position. Therefore, when we modify form through orthodontic treatment, we must simultaneously restore the balance of muscular forces.

14:30 – 15:30 pm

**Dr. Mireille BIEGEL**

Qualified Specialist in Orthodontics - Benfeld

**ADHD and Oral Breathing**

Attention Deficit Hyperactivity Disorder (ADHD) is not simply a matter of inattention; it also involves disruptions in brain synchronization. In parallel, mouth breathing can impair sleep quality, particularly REM sleep cycles, which play a crucial role in regulating brain rhythms.

As a result, altered breathing patterns may disrupt sleep architecture, exacerbate brain desynchronization, and contribute to symptoms that resemble or worsen those associated with ADHD. This presentation will explore these neuroscientific concepts, supported by a review of the current scientific literature.

15:30 – 16:00 pm

Break

16:00 – 17:00 pm

**Pr. Carole CHARAVET**

Qualified Specialist in Orthodontics – PU-PH - Nice

**Pr. Elodie ERHMANN**

Dental Surgeon – PU-PH Specialist in Pain and Orofacial Dysfunctions - Nice

**Spotlight on the TMJ : Cross-Disciplinary Perspectives on a Key Joint**

The temporomandibular joint (TMJ) lies at the heart of the masticatory system, yet it often remains challenging to assess in everyday clinical practice. How should it be evaluated? Which diagnostic examinations should be prioritized? And when faced with temporomandibular disorders (TMDs), what is the best course of action? Can our treatments truly improve these conditions?

These are questions we encounter regularly in clinical practice. Through this multidisciplinary perspective, we will seek to provide clear, clinically relevant, and evidence-based answers. So, are you ready to set the course with us?

17:00 – 17:15 pm

Conclusion and Exchange of Ideas



**Dr. Claire-Adeline DANTAGNAN**  
 Qualified Specialist  
 in Orthodontics



**Mme Anne Louise VITEAU**  
 Philanthropy and  
 Partnerships Manager  
 – Le Rire Médecin



**Mme Floriane LARGEAUD**  
 Pediatric and  
 Maxillofacial  
 Rehabilitation  
 Physiotherapist



**Dr Aziz EL HADIOUI**  
 Qualified Specialist  
 in Orthodontics



**Dr. Olivier SETBON**  
 Qualified Specialist  
 in Orthodontics



**Mme Louise CARPENTIER  
 M. Julien DESCHAMPS**  
 Speech Therapist  
 & Osteopath (D.O.)



**Mme Laura RENOUEL**  
 Functional Education  
 Coordinator



**Dr. Anne DELIOT**  
 Dental Surgeon



**M. Sebastien LIESENS  
 Mme Laurence DENIS**  
 Speech Therapist



**Dr. Michael FONTUGNE**  
 Exclusive  
 Orthodontic Practice



**Dr. Marie DACQUIN  
 Dr. Xavier BRAECKEVELT**  
 Exclusive Paediatric  
 Dentist Dental Surgeon  
 & Vice President  
 of the UFSBD



**Dr. Andrea FREUDENBERG**  
 Qualified Specialist  
 in Orthodontics



**Dr. Mireille BIEGEL**  
 Qualified Specialist  
 in Orthodontics



**Pr. Carole CHARAVET  
 Pr. Elodie ERHMANN**  
 Qualified Specialist  
 in Orthodontics – PU-PH  
 & Dental Surgeon – PU-PH  
 Specialist in Pain and  
 Orofacial Dysfunctions



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# REGISTRATION FEES

Praticioner : €800 incl. VAT

[Register Now](#)



## FOR MORE INFORMATION :

Contact our Training Center



+33 (0)6 76 87 13 37



evenements@orthoplus.fr

## CANCELLATION POLICY :

**More than 60 days before the event :**

Full refund of the registration fee.

**Up to 30 days before the event :**

50% refund of the registration fee.

**Less than 30 days before the event :**

No refunds.

